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Titolo	Psychobiological approaches for anxiety disorders : treatment combination strategies
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Disciplina	616.85/22
Soggetti	Mental Disorders Investigative Techniques Therapeutics Analytical, Diagnostic and Therapeutic Techniques and Equipment Psychiatry and Psychology Combined Modality Therapy Anxiety Disorders Methods Psychiatry Health & Biological Sciences Psychiatric Disorders, Individual
Lingua di pubblicazione	Inglese
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Sommario/riassunto	Psychobiological Approaches for Anxiety Disorders presents a comprehensive overview of the latest empirical evidence and research results on combining pharmacological agents and CBT techniques for the treatment of anxiety disorders. * The first book to focus on the issue of enhancing CBT with pharmacological agents * Features chapters from leading authors in the fields of psychiatry, pharmacology, clinical psychology, neuroscience, and emotion research

- \* Contributes significantly to the field by summarizing the contemporary research in combination treatments in anxiety disorders
- \* A valuable resource for clinicians in training, as well as experienced clinicians seeking to help patients with anxiety disorders

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