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Nota di contenuto	Machine generated contents note: Part 1. General Considerations. -- Chapter 1. Medication "versus" CBT for Psychological conditions - A False Dichotomy. -- Chapter 2. The Contribution of Neuroscience and Neuro-imagin. -- Chapter 3. Integrated CBT and Pharmacotherapy. -- Chapter 4. Challenges to Split Treatment. -- Part 2. Treating Specific Problems. -- Chapter 5. Combined Treatment for Depression. -- Chapter 6. Combined Treatment for Anxiety Disorders. -- Chapter 7. Combined Treatment for Eating Disorders. -- Chapter 8. Combined Treatment for Addictions. -- Chapter 9. Combined Treatment for Schizophrenia. -- Chapter 10. Combined Treatment for Bipolar Disorder. -- Chapter 11. Combined Treatment for Borderline Personality Disorder. -- Chapter 12. Combined Treatment for ADHD in children and adults.
Sommario/riassunto	"Combining medication and cognitive behavioral therapy (CBT) can be challenging but can also enhance patient care. This book reviews the existing literature about the neurobiological and clinical basis in combining CBT and medication for non-psychiatrist mental health clinicians. Filled with case studies drawn from the author's extensive

clinical and teaching experience, this book breaks new ground in bringing together the most current, proven protocols for using drugs and CBT to improve client care. Practitioners will find in this volume the tools to make informed recommendations to patients"--Provided by publisher.
