

1. Record Nr.	UNINA9910130736903321
Titolo	Present knowledge in nutrition // edited by John W. Erdman Jr., Ian A. Macdonald, Steven H. Zeisel
Pubbl/distr/stampa	Ames, Iowa, : International Life Sciences Institute, : Wiley-Blackwell, 2012
ISBN	0-470-96310-7 1-299-31370-1 1-118-44530-9 0-470-96307-7 1-119-94604-2
Edizione	[10th ed.]
Descrizione fisica	1 online resource (1329 p.)
Altri autori (Persone)	ErdmanJohn W MacDonaldIan <1952-> ZeiselSteven H
Disciplina	613.2
Soggetti	Nutrition
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Present Knowledge in Nutrition; Contents; List of Contributors; Preface; Acknowledgments; 1: SYSTEMS BIOLOGY APPROACHES TO NUTRITION; 2: NUTRITIONAL EPIGENETICS; 3: GENETIC VARIATION AND NUTRIENT METABOLISM; 4: METABOLOMICS; 5: ENERGY METABOLISM IN FASTING, FED, EXERCISE, AND RE-FEEDING STATES; 6: PROTEIN AND AMINO ACIDS; 7: CARBOHYDRATES; 8: DIETARY FIBER; 9: LIPIDS: ABSORPTION AND TRANSPORT; 10: LIPIDS: CELLULAR METABOLISM; 11: VITAMIN A; 12: CAROTENOIDS; 13: VITAMIN D; 14: VITAMIN E; 15: VITAMIN K; 16: VITAMIN C; 17: THIAMIN; 18: RIBOFLAVIN; 19: NIACIN; 20: VITAMIN B6; 21: FOLATE 22: VITAMIN B1223: BIOTIN; 24: PANTOTHENIC ACID; 25: L-CARNITINE; 26: CHOLINE; 27: DIETARY FLAVONOIDS; 28: CALCIUM; 29: PHOSPHORUS; 30: MAGNESIUM; 31: SODIUM, CHLORIDE, AND POTASSIUM; 32: HUMAN WATER AND ELECTROLYTE BALANCE; 33: IRON; 34: ZINC; 35: COPPER; 36: IODINE AND IODINE DEFICIENCY DISORDERS; 37: SELENIUM; 38: MANGANESE, MOLYBDENUM, BORON,

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Sommario/riassunto

Present Knowledge in Nutrition, 10th Edition provides comprehensive coverage of all aspects of human nutrition, including micronutrients, systems biology, immunity, public health, international nutrition, and diet and disease prevention. This definitive reference captures the current state of this vital and dynamic science from an international perspective, featuring nearly 140 expert authors from 14 countries around the world. Now condensed to a single volume, this 10th edition contains new chapters on topics such as epigenetics, metabolomics, and sp
