

1. Record Nr.	UNINA9910130692603321
Autore	Abramovitz Melissa <1954->
Titolo	Bowling // Melissa Abramovitz
Pubbl/distr/stampa	Farmington Hills, Mich. : , : Lucent Books, an imprint of Gale, Cengage Learning, , [2015] 2015
ISBN	1-4205-1252-8
Descrizione fisica	1 online resource (120 pages) : illustrations (chiefly color)
Collana	Science behind sports
Disciplina	794.6
Soggetti	Bowling
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references (pages 108-112) and index.
Nota di contenuto	Bowling: a game for all -- Physics and bowling -- Biomechanics and bowling -- The mental game -- Pre-throw strategies -- Coordinating Physics and BioMechanics -- Sports medicine and bowling -- Notes -- For more information -- Glossary.
Sommario/riassunto	Explores the scientific principles behind some of the most popular team and individual sports. Covers origins, history and changes, the biomechanics and physiology of playing, related health and medical concerns, and the causes and treatment of sports-related injuries. This volume covers bowling.