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Summary -- Introduction -- Older adults who need caregiving and the Nota di contenuto

family caregivers who help them -- Family caregiving roles and impacts

-- Economic impact of family caregiving -- Programs and supports for family caregivers of older adults -- Family caregivers' interactions with health care and long-term services and supports -- Recommendations to support family caregivers of older adults -- Recommendations to support family caregivers of older adults -- Appendix A: Acronyms and glossary -- Appendix B: Committee and staff biographies -- Appendix C: Public workshop agendas -- Appendix D: Number of years and percentage of adult life spent caring for an older adult -- Appendix E: Methodology: NHATS and NSOC surveys -- Appendix F: Caregiving: the odyssey of becoming more human -- Appendix G: Caregiving stories -- Appendix H: HIPAA and caregivers' access to information.

Sommario/riassunto

"Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation family caregivers provide the lion share of long-term care for our older adult population. They are also central to older adults access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. Families Caring for an Aging America examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults"--Publisher's description.