

1.	Record Nr.	UNINA990009713030403321
	Autore	FONDAZIONE UGO BORDONI
	Titolo	Sistemi informativi / Fondazione Ugo Bordini
	Pubbl/distr/stampa	Roma : Fondazione Ugo Bordini, stampa 1998
	Descrizione fisica	195 p. : ill. ; 30 cm
	Disciplina	004
	Locazione	DINEL
	Collocazione	10 A I 2/14
	Lingua di pubblicazione	Italiano
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	In Testa al frontespizio "Raccolta delle pubblicazioni FUB 1997"
2.	Record Nr.	UNINA9910459078403321
	Autore	Giordano Simona, Dr.
	Titolo	Exercise and eating disorders : an ethical and legal analysis // Simona Giordano
	Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2010
	ISBN	1-134-02425-8 1-134-02426-6 1-282-59572-5 9786612595721 0-203-88554-6
	Edizione	[1st ed.]
	Descrizione fisica	1 online resource (239 p.)
	Collana	Ethics and Sport
	Disciplina	616.85/260642
	Soggetti	Eating disorders Exercise Exercise addiction Eating disorders - Treatment - Moral and ethical aspects Athletic trainers - Professional ethics Electronic books.
	Lingua di pubblicazione	Inglese

Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Foreword: A practical tool and a critical mirror; Foreword; Preface; Acknowledgments; Introduction; 1 Eating disorders: Symptoms and facts; 2 The effects of abnormal eating; 3 Biological and clinical explanations of eating disorders; 4 Eating disorders, exercise and addiction; 5 Media and eating disorders; 6 Exercise and eating disorders; 7 People with eating disorders in the gym; 8 Law and professional guidelines; Physical Activity Readiness Questionnaire (PAR-Q): Sample 1; Physical Activity Readiness Questionnaire (PAR-Q): Sample 2 Appendix: Standards of care and ethical codes9 Ethical issues; 10 Recommendations and conclusions; Notes; Index
Sommario/riassunto	Eating disorders (EDs) have become a social epidemic in the developed world. This book addresses the close links between EDs and exercise, helping us to understand why people with EDs often exercise to excessive and potentially harmful levels. This is also the first book to examine this issue from an ethical and legal perspective, identifying the rights and responsibilities of people with EDs, their families and the fitness professionals and clinicians that work with them.The book offers an accessible account of EDs and closely examines the concept of addiction. Drawing on a wide ran