

1. Record Nr.	UNINA990009216790403321
Titolo	Finite fields: theory and applications : ninth international conference finite fields and applications, July 13-17, 2009, Dublin, Ireland / Gary McGuire ... [et al.] editors
Pubbl/distr/stampa	Providence : American Mathematical Society, 2010
ISBN	978-0-8218-4786-2
Descrizione fisica	VIII, 384 p. ; 25 cm
Collana	Contemporary mathematics ; 518
Disciplina	512.3
Locazione	MA1
Collocazione	C-1-(518
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia

2. Record Nr.	UNINA9910454052703321
Autore	Agras W. Stewart
Titolo	Overcoming your eating disorder [[electronic resource]] : a cognitive-behavioral treatment for bulimia nervosa and binge-eating disorder Guided self-help workbook / / W. Stewart Agras, Robin F. Apple
Pubbl/distr/stampa	New York, : Oxford University Press, 2008
ISBN	0-19-023044-4 1-281-34229-7 9786611342296 0-19-971517-3
Descrizione fisica	1 online resource (109 p.)
Collana	Treatments that work
Altri autori (Persone)	AppleRobin F
Disciplina	362.1968526 616.8526
Soggetti	Eating disorders - Patients - Rehabilitation Eating disorders - Treatment Bulimia - Treatment Compulsive eating Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Contents; Information About Bulimia Nervosa, Binge-Eating Disorder, and This Treatment Program; Chapter 1 Introduction; Chapter 2 Binge Eating and Purging; Chapter 3 Health Effects of Binge Eating and Purging; Chapter 4 Treatments for Binge Eating and Purging; Chapter 5 Evidence for the Effectiveness of Guided Self-Help; A Step-by-Step Approach to Treatment; Chapter 6 An Assessment of Your Eating Problems: Is It Time to Begin Treatment?; Chapter 7 Understanding and Applying the CBT Model; Chapter 8 Using Daily Food Records to Monitor Eating Chapter 9 Establishing a Regular Pattern of Eating Plus Weekly WeighingChapter 10 Feared and Problem Foods; Chapter 11 Body-Image Concerns; Chapter 12 Handling Intense Moods and Emotions; Chapter 13 Working Through Problem Situations and Thoughts; Chapter 14 Handling Challenging People; Chapter 15 Preventing

Sommario/riassunto

Cognitive-Behavioral Therapy (CBT) has been proven effective for treating Bulimia Nervosa and Binge Eating Disorder. However, this type of program requires at least 6 months of weekly sessions with a qualified mental health professional. If you suffer from an eating disorder and want to get treatment, but have little time to devote to therapy, a shorter, time-limited program may be right for you. This workbook outlines a Guided Self-Help (GSH) program based on the principles of CBT. Although sessions with a therapist or clinician are required, there are usually no more than 12 and each one is

3. Record Nr.

UNINA9910464210303321

Titolo

Gulf War and health : long-term effects of blast exposures

Pubbl/distr/stampa

Washington, District of Columbia : , : National Academies Press, , 2014
©2014

ISBN

0-309-26766-8

Edizione

[9th ed.]

Descrizione fisica

1 online resource (229 p.)

Disciplina

956.704427

Soggetti

Persian Gulf War, 1991 - Health aspects - United States
Persian Gulf War, 1991 - Veterans - Diseases - United States
Persian Gulf syndrome - United States
Electronic books.

Lingua di pubblicazione

Inglese

Formato

Materiale a stampa

Livello bibliografico

Monografia

Note generali

"Committee on Gulf War and Health : Long-Term Effects of Blast Exposures Board on the Health of Select Populations."

Nota di contenuto

""Front Matter""; ""Reviewers""; ""Preface""; ""Contents""; ""Abbreviations and Acronyms""; ""Summary""; ""1 Introduction""; ""2 Methods""; ""3 Pathophysiology of Blast Injury and Overview of Experimental Data""; ""4 Human Health Outcomes""; ""5 Recommendations""; ""Appendix: Committee Biographic Information""

4. Record Nr.	UNIORUON00189183
Autore	HESSE D'ALZON, Claude
Titolo	La presence militaire francaise en Indocine (1940-1945) : contribution en guise de préambule a l'étude des guerres d'Indocine / Claude Hesse D'Alzon ; preface d'André Martel
Pubbl/distr/stampa	Vincennes, : Ser. His. de l'Armée de Terre, 1985. III, 375 p. ; 30 cm.
ISBN	28-632-3022-0
Disciplina	959.7
Soggetti	INDOCINA GUERRA
Lingua di pubblicazione	Francese
Formato	Materiale a stampa
Livello bibliografico	Monografia