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| 1. Record Nr. | UNINA990008166740403321 |
| Autore | List, Friedrich <1789-1846> |
| Titolo | Schriften, Reden, Briefe / Friedrich List ; hrsg. von Erwin V. Beckerath [et al.] |
| Pubbl/distr/stampa | Berlin : von Reimar Hobbing, 1927-1935 |
| Descrizione fisica | v. ; 25 cm |
| Lingua di pubblicazione | Tedesco |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
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| 2. Record Nr. | UNINA9910789420603321 |
| Autore | Koenig Harold G (Harold George), <1951-> |
| Titolo | Kindness and joy [[electronic resource]] : expressing the gentle love / / Harold G. Koenig |
| Pubbl/distr/stampa | Philadelphia, : Templeton Foundation Press, 2006 |
| ISBN | 1-283-26029-8
9786613260291
1-59947-192-2 |
| Edizione | [1st ed.] |
| Descrizione fisica | 1 online resource (120 p.) |
| Disciplina | 177/.7 |
| Soggetti | Kindness
Charity
Joy |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references. |
| Nota di contenuto | Kindness, the gentle generous love -- What kindness is not -- The opposite of kindness -- The divine love -- Why kindness is important -- Joy, the sacred emotion -- How kindness results in joy -- The double blessing -- When joy doesn't result -- Barriers to kindness -- |

Practicing kindness -- Being kind to strangers and friends -- Being kind at work -- Being kind to family -- Helping others experience the joy of kindness.

Sommario/riassunto

This book includes guidance as well as information and inspiration. There are practical recommendations on how to perform acts of kindness in personal lives and at work, toward friends, colleagues, and family members-even with one's enemies. Suggestions are also offered on ways to encourage others to be kind so they, too, can experience the joy that results.
