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Autore	Dhiman Satinder
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Nota di contenuto	1. Prolegomena: The Bhagavad Gita: A Timeless Manual for Self-Mastery and Leadership -- 2. Introduction: Text and the Leadership

Context of the Gita -- 3. Real Message of the Gita: Decoding the Text -- 4. Advaita Vedanta: The Science of Ultimate Reality -- 5. Karma Yoga: The Path of Enlightened Action -- 6. Being-Centered Leadership: Leader as an Enlightened Sage -- 7. Bhakti Yoga: Love and Faith in Leadership -- 8. Mind: A Leader's Greatest Friend and Foe -- 9. Doing the Right Thing: Leaders' Moral and Spiritual Anchorage -- 10. Be the Change: The Making of a Servant Leader -- 11. Epilogue: The Timeless Teachings of the Gita: Maxims for Life and Leadership.

Sommario/riassunto

This book shows how the Bhagavad Gita (part of the great Indian epic - the Mahabharata) can be approached as a powerful tool for change management and as a catalyst for organizational transformation. It presents time-tested leadership strategies drawn from the Bhagavad Gita that are relevant for today's leaders. This book focuses on how to harmonize the needs of the individual with the needs of society, and by extension, how to harmonize the needs of employees and the organization. It employs an inside-out leadership development approach based on Self-knowledge and Self-mastery, the two highly important areas for practicing effective Self-leadership. The Gita is a non-sectarian spiritual text with a universal message for living a life of meaning, purpose, and contribution and for leading from our authentic self. It shows how to manage oneself, as a necessary prelude to leading others. Students and organizational leaders will learn to integrate leadership function more effectively into all aspects at the individual, team, and institutional level. .
