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Autore	Oneto, Carlo
Titolo	Le società di comodo : legge 23 dicembre 1996 n. 662 / Carlo Oneto
Pubbl/distr/stampa	Milano : Giuffrè, 1997
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2. Record Nr.	UNINA9910786259003321
Autore	Hall Nicola (Reflexologist)
Titolo	Principles of reflexolgy [[electronic resource]] : what it is, how it works, and what it can do for you / / Nicola Hall
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Note generali	Description based upon print version of record.
Nota di contenuto	Principles of Reflexology: What it is, how it works, and what it can do for you; Introduction; 1 What is Reflexology?; 2 How the Treatment Works; 3 How the Treatment is Given; 4 The Reflex Areas; 5 What Reflexology is Most Effectivein Treating; 6 Case Histories; 7 Reflexology as a PreventativeTherapy; 8 Finding a Reliable Reflexologist; Blank Page; Useful Contacts
Sommario/riassunto	This introductory guide covers the history and theory behind reflexology as well as the principles of practice. The book includes an outline of how treatment works and how it is given, a guide to the reflex areas, effective reflexology treatments and case studies, reflexology as a preventative therapy and how to find a reliable reflexologist.