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| 1. Record Nr.           | UNINA990006490110403321   |
| Autore                  | Nkrumah, Kwame <1909-1972>  |
| Titolo                  | Consciencism : Philosophy and Ideology for Decolonisation / Kwame Nkrumah |
| Pubbl/distr/stampa      | London : Panaf, 1978  |
| Descrizione fisica      | VI, 122 p. ; 22 cm  |
| Disciplina              | 320.5   |
| Locazione               | FSPBC   |
| Collocazione            | XIV E 1590  |
| Lingua di pubblicazione | Italiano  |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
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| 2. Record Nr.           | UNINA9910454609703321   |
| Autore                  | Breslow Lester  |
| Titolo                  | A life in public health [[electronic resource] ] : an insider's retrospective<br>// Lester Breslow  |
| Pubbl/distr/stampa      | New York, NY, : Springer Pub. Co., c2004  |
| ISBN                    | 0-8261-2713-4   |
| Descrizione fisica      | 1 online resource (245 p.)  |
| Disciplina              | 610/.92<br>B  |
| Soggetti                | Public health personnel - United States<br>Electronic books.  |
| Lingua di pubblicazione | Inglese   |
| Formato                 | Materiale a stampa  |
| Livello bibliografico   | Monografia  |
| Note generali           | Description based upon print version of record.   |
| Nota di bibliografia    | Includes bibliographical references (p. 223-227) and index.   |
| Nota di contenuto       | Personal life -- Preparation and start in public health -- Military life --<br>Disease control -- A larger view of public health -- Tobacco control --<br>Concepts, determinants and measurement of health -- International |

Sommario/riassunto

From his time as a Truman appointee on the Health Needs of the Nation to his tenure as Dean of UCLA's School of Public Health, Dr. Lester Breslow has been a force behind the most important public health developments of the last century. With his trademark humor and conviction, Breslow recounts his participation in the field's ground swell from the study of communicable disease to the current control of chronic illnesses. He reveals the story behind his Human Population Laboratory's "seven healthy habits" (sleep right, eat right, don't smoke, don't drink too much, exercise, keep your weight d

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