

1.	Record Nr.	UNINA990006079440403321
	Titolo	MARTYROLOGES et menologes orientaux / textes arabe edites et traduits par R. Griveau
	Pubbl/distr/stampa	Turnhout : Brepols, 1988
	Descrizione fisica	P. 290-356 ; 26 cm
	Collana	Patrologia orientalis ; 49
	Disciplina	892
	Locazione	FGBC
	Collocazione	IV Z OR 8 (49)
	Lingua di pubblicazione	Francese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
2.	Record Nr.	UNINA9910830156803321
	Titolo	Acceptance and mindfulness in cognitive behavior therapy [[electronic resource]] : understanding and applying the new therapies // edited by James D. Herbert, Evan M. Forman
	Pubbl/distr/stampa	Hoboken, NJ, : John Wiley & Sons, c2011
	ISBN	0-470-91248-0 1-283-02539-6 9786613025395 1-118-00185-0 0-470-91246-4
	Descrizione fisica	1 online resource (370 p.)
	Altri autori (Persone)	HerbertJames D. <1962-> FormanEvan M
	Disciplina	616.89/1425 616.891425
	Soggetti	Mindfulness-based cognitive therapy Acceptance and commitment therapy
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa

Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Author IndexSubject Index
Sommario/riassunto	Praise for Acceptance and Mindfulness in Cognitive Behavior Therapy: Understanding and Applying the New Therapies ""One of the most fruitful aspects of the encounter between classical Buddhist knowledge and modern science has been the emergence of new therapeutic and educational approaches that integrate contemplative practice, such as mindfulness, and contemporary psychology methods, such as those of cognitive therapy. The systematic approach of this book, wherein the insights of both classical Buddhist and contemporary psychology are integrated, represents a most beneficial a