

1. Record Nr.	UNINA990005791960403321
Autore	Silva, Moisés
Titolo	Biblical words and their meaning : an introduction to lexical semantics / Moisés Silva
Pubbl/distr/stampa	Grand Rapids : Zondervan, 1983
ISBN	0-310-45671-1
Descrizione fisica	201 p. ; 22 cm
Disciplina	220.4
Locazione	FLFBC
Collocazione	220.4 SIL 1
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
2. Record Nr.	UNINA9910140897703321
Autore	Dewe Philip
Titolo	Coping with work stress [[electronic resource] ] : a review and critique / / Philip J. Dewe, Michael P. O'Driscoll and Cary L. Cooper
Pubbl/distr/stampa	Malden, Mass., : Wiley-Blackwell, 2010
ISBN	1-282-88358-5 9786612883583 0-470-71171-X 0-470-71170-1
Descrizione fisica	1 online resource (202 p.)
Altri autori (Persone)	O'DriscollMichael P CooperCary L
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Formato	Materiale a stampa
Livello bibliografico	Monografia

Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	<p>Coping with Work Stress; Contents; 1: Work Stress and Coping: Setting the Scene; The Term 'Stress'; The Costs of Stress; Sickness Absence; Labour Turnover; Presenteeism; Work and Mental Health Generally; The Changing Work Context and Work Stressors; Work Stressors: Some Issues; Changing Work Stressors; 2: Coping: The Measurement Debate; A History and Some Definitional Issues Surrounding Coping; Defining Coping and Definitional Issues; The Measurement of Coping; Coping Checklists; Classifying Coping and Creating Scales; 3: New Directions for Coping Research; New Developments in Appraisal The Influence of Positive Psychology From Positive Psychology to Proactive Coping; Other Developments in Coping; Progress towards Understanding Coping Effectiveness; From Stress to Emotions to Positive Emotions and Coping; 4: Coping with Specific Work-Related Stressors; Types of Coping; Coping with Work Stressors; Coping Strategies Used by Specific Occupational Groups; Future Directions in Research on Coping with Specific Work Stressors; 5: Coping with Work-Life Conflict; Social Support; Personal Control; Personal Coping Strategies; Organizational Strategies to Ameliorate Work-Life Conflict Conclusions 6: Stress Management Interventions; Conceptual Framework for Stress Management Interventions; Evaluating Stress Management Interventions; Factors Influencing the Effectiveness of Stress Management Interventions; Some Guidelines for Effective Interventions; Conclusions; 7: Coping with Work Stress: An Agenda for the Future; Continuing Debates: Emerging Context; Building a Future Research Agenda from the Themes of the Past; The Characteristics of Coping and Coping Types; Assessment of Coping Behaviours; Coping Styles versus Coping Strategies; The Role of Meaning in Coping Research Coping Effectiveness Personal Coping versus Organizational Stress Management Interventions; From Stress to Well-Being; Conclusions; References; Index</p>
Sommario/riassunto	<p><i>Coping with Work Stress: A Review and Critique</i> highlights current research relating to the coping strategies of individuals and organizations, and provides best practice techniques for dealing with the growing epidemic of stress and lack of overall well-being at work.</p> <ul style="list-style-type: none"> <li>Reviews and critiques the most current research focusing on workplace stress</li> <li>Provides 'best practice' techniques for dealing with stress at the workplace</li> <li>Extends beyond stress to cover broader issues of well-being at work</li> </ul>