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Sommario/riassunto

All coaches working with children will know that they differ substantially from adults in their capabilities, capacity for development and in their ability to meet the demands that sport places upon them. Coaching Children in Sport provides an up-to-date, authoritative and accessible guide to core knowledge and coaching skills for anybody working with children in sport. Written by a team of leading international coaching experts, teachers, psychologists and specialists in children's issues in sport and health, the book explains why children should not be treated as mini-adul
