1. Record Nr. UNINA990001850040403321 **Autore** Brullo, Salvatore <1947-> Titolo Allium daninianum (Alliaceae), a new species from the Middle East / Salvatore Brullo, Pietro Pavone, Cristina Salmeri Pubbl/distr/stampa [s.l.: S.E.], 1996 Descrizione fisica p. 237-244; 30 cm Altri autori (Persone) Pavone, Pietro <1948-> Salmeri, Cristina Disciplina 584.324 Locazione **FAGBC** Collocazione 60 MISC. A 63/96-7 Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia

Estr. da: Wildenowia, 26,1996

Note generali

2. Record Nr. UNINA9910557124303321

Autore Chung Hae-Young

Titolo The Effect of Calorie Restriction and Intermittent Fasting on Health and

Disease

Pubbl/distr/stampa Basel, Switzerland, : MDPI - Multidisciplinary Digital Publishing

Institute, 2021

Descrizione fisica 1 online resource (186 p.)

Soggetti Biology, life sciences

Cultural studies: food and society Research and information: general

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Sommario/riassunto Recent biochemical studies indicate that calorie restriction (CR) is a

widely accepted method for anti-aging intervention. CR and intermittent fasting (IF), which involves reduced calories but proper nutritional intake during specific periods, are interventions that can consistently promote health benefits, delay biological aging, and extend both average and maximal lifespan. Furthermore, CR can modulate age-related diseases such as Alzheimer's disease, atherosclerosis, diabetes, obesity, cancer, and others. Advances in omics technologies have provided a technical breakthrough that enabled the investigation of DNA, RNA, proteins, and other cellular molecules and their comprehensive interactions in a biological context. Nowadays, it is possible to analyze and integrate biological processes that occur in aging systems at the molecular level using state-of-theart techniques such as next-generation sequencing (NGS), proteomics, lipidomics, metabolomics, and epigenomics. Omics technology and systems gerontology provide predictive information on CR effects, molecular mechanisms, and pathways underlying the anti-aging actions of CR and IF. This Special Issue, "The effects of calorie restriction and intermittent fasting on health and disease", focuses on the effects of calorie restriction and intermittent fasting on age-related

inflammation, autophagy, metabolism, longevity, mitochondrial function, and age-related diseases.