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| 1. Record Nr. | UNINA990000499060403321 |
| Autore | Granier, J. |
| Titolo | Les diélectriques / J. Granier ; préface J. cabannes |
| Pubbl/distr/stampa | Paris : Dunod, 1948 |
| Descrizione fisica | 215 p. : ill. ; 25 cm |
| Disciplina | 537.24 |
| Locazione | DINEL |
| Collocazione | 10 C I 89 |
| Lingua di pubblicazione | Francese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| 2. Record Nr. | UNINA9910814429403321 |
| Autore | Turvey Brent E. |
| Titolo | Anabolic steroid abuse in public safety personnel : a forensic manual /
/ Brent E. Turvey, Stan Crowder |
| Pubbl/distr/stampa | London, England : , : Academic Press, , 2015
©2015 |
| ISBN | 0-12-802877-7 |
| Descrizione fisica | 1 online resource (159 p.) |
| Disciplina | 362.299 |
| Soggetti | Steroid abuse
Police - Drug use
Anabolic steroids - Health aspects |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references. |
| Nota di contenuto | Front Cover; Anabolic Steroid Abuse in Public Safety Personnel;
Copyright Page; Dedication; Contents; Foreword; 1 Introduction; 1.1 |

The Literature; 1.2 Rationale; 1.3 Conclusion; 2 Terms and Definitions; 2.1 Addiction; 2.2 Anabolic Effect; 2.3 Anabolic Steroids; 2.4 Anabolic Steroid Abuse; 2.5 PIEDs; 2.6 Schedule III Controlled Substances; 2.7 Stacking; 2.8 Supplements; 2.9 T/E Ratio; 2.10 Conclusion; 3 The Problem: Anabolic Steroids and Law Enforcement Culture; 3.1 Law Enforcement Culture; 3.2 Fitness for Duty; 3.3 The Peace Officer's Mission; 3.4 Criminal Procurement; 3.5 Conclusion
4 Legal Use: Prescriptions for Anabolic Steroids 4.1 Legitimate Medical Conditions; 4.2 Clinics and Treatment Centers; 4.3 Phony Scripts: Red Flags; 4.4 Conclusion; 5 Profiles of Abuse and Addiction: Understanding the Adverse Side Effects of Anabolic Steroid Abuse; 5.1 Side Effects: Male Specific; 5.2 Side Effects: Female Specific; 5.3 Side Effects: Universal; 5.3.1 Physical; 5.3.2 Injection Related; 5.3.3 Psychological; 5.4 Red Flags Indicative of Anabolic Steroid Abuse; 5.5 Conclusion; 6 Motivations and Rationalizations: The Psychology of Anabolic Steroid Abuse; 6.1 Low Self-esteem
6.2 Performance Enhancement 6.3 Vanity: Image Enhancement; 6.4 Fear Factor; 6.5 Rationalizations; 6.6 Conclusion; 7 Scandals and Consequence: Exploring Anabolic Steroid Abuse in Public Safety; 7.1 Boston Police Department (2004-2009); 7.2 New York City Department (2007-2008); 7.3 Philadelphia Police Department (2011); 7.4 New Jersey (2010-2011); 7.5 The Phillip Wilbur Case: Cobb County, Georgia (2013-Present); 7.5.1 Meadors; 7.5.2 Musgrove; 7.5.3 Zellers; 7.5.4 Nemeth; 7.5.5 Cochran; 7.5.6 Bennett; 7.5.7 Wilbur; 7.6 Conclusion; 8 Policies and Reforms; 8.1 Liability; 8.2 Reforms
8.2.1 Drug Screens for All Applicants 8.2.2 Drug Screens for All New Hires; 8.2.3 Basic Instruction on Law Enforcement Ethics and Drug Abuse; 8.2.4 Have a Zero Tolerance Drug Use Policy; 8.2.5 Attach Drug Testing to All Annual Fitness Evaluations; 8.2.6 Lead by Example; 8.2.7 Investigate Roid Mills; 8.2.8 Send Out a Memo Letting Everyone Know About Departmental Drug Testing Policies; 8.2.9 Database Roid Mills, Doctors, and Abusers; 8.3 Tiered Responses; 8.3.1 Tier 1-Drug Testing; 8.3.2 Tier 2-Suspension; 8.3.3 Tier 3-Arrest and Prosecution; 8.3.4 Tier 4-Termination; 8.4 Conclusion; References

Sommario/riassunto

Anabolic Steroid Abuse in Public Safety Personnel: A Forensic Manual provides readers with information on both the history and overwhelming evidence relating to steroid abuse in the law enforcement subculture. The text raises awareness regarding the pervasiveness of the problem that has grown into a systemic and nationwide phenomenon, and then addresses the consequences of anabolic steroid abuse on individual health, agency liability, and public safety. Particular attention is paid to forensic issues, including investigative, evidentiary, and legal concerns, facilitating just and lawfu
