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Nota di contenuto	Cover Page; Title Page; Copyright Page; Table of Contents; INTRODUCTION BY LOUISE L. HAY; Louise L. Hay: Thanking the Universe; Joan Z. Borysenko, Ph.D.: Thank God for What Doesn't Need

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Nicholas Eliopoulos: The Meaning of True Gratitude James Eubanks: The Awesome Design of Life; Sylvia Friedman: Gratitude Feels Good!; Shakti Gawain: Being Grateful During Life's Challenges; Michele Gold: Gratitude Is a Sanctuary; Karen M. Haughey: Gratitude: It Can Make Your Day!; Christopher Hills, Ph.D.: An Appreciation of Gratitude; Sharon Huffman: Gratitude: The Key to a Happy, Healthy, Successful Life; Laura Archera Huxley: "Gratitude Is Heaven Itself"; Dr. Gerald G. Jampolsky/Diane V. Cirincione: "Love Is the Way I Walk in Gratitude"; Susan Jeffers, Ph.D.: Noticing the Abundance
Ione Shockey Jensen: "In Everything Give Thanks" Elizabeth A. Johnson: Grateful Is Good; Patrice Karst: Great Days; Julie Keene: Bless It All!; Kimberly Lockwood: Gratitude: One of Life's Most Important Lessons; Sir John Mason: So Many Blessings; Emmett E. Miller, M.D.: Gratitude: A Healing Attitude; Dan Millman: Transcendental Gratitude; Mary-Margaret Moore: Falling into Gratitude; Rev. Nancy Norman: My Own "Gratitude Book"; Robert Odom: The Gift of Gratitude; Daniel T. Peralta: Gratitude: The Natural Expression of a Loving Heart; Marcia Perkins-Reed: Gratitude: A Lifestyle
John Randolph Price: Gratitude: A Powerful Force Rev. Michael C. Rann: A Shortcut to a Miracle; Dr. Frank Richelieu: Gratitude: Its Healing Properties; Murray Salem: Thank You, God; Dr. J. Kennedy Shultz: In All Things Give Thanks; Ron Scolastico, Ph.D.: The Power of Gratitude; Bernie S. Siegel, M.D.: Gratitude: A State of Mind; Rev. Christian Sorenson: Looking Through the Eyes of Gratitude; Hal Stone, Ph.D., and Sidra Stone, Ph.D.: The Manifestation of Gratitude; Dr. Sharron Stroud: Gratitude As a Way of Being; Angela Passidomo Trafford: Being Authentic Sets Us Free
Rama J. Vernon: Gratitude: A Silent, Unspoken Prayer Doreen Virtue, Ph. D.: Unconditional Gratitude; Stuart Wilde: Step to the Infinite Self Within; Margaret Olivia Wolfson: The Most Amazing Day; GRATITUDE PRAYER BY LOUISE L. HAY; MY OWN THOUGHTS ON GRATITUDE

Sommario/riassunto

Louise L. Hay brings you a very special work that is dear to her heart. In Gratitude, Louise has gathered the insights and collected wisdom of some of the most wonderful teachers and writers she knows...people who have demonstrated the power of gratitude in their own lives. Renowned contributors such as Dr. Wayne W. Dyer, Dr. Joan Borysenko, Dan Millman, Harold Bloomfield, M.D., Bernie Siegel, M.D., Shakti Gawain, Dr. Doreen Virtue, and many, many more of her friends...share their understanding of the practice of gratitude with Louise... and with you.
