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Autore	Bonino, Silvia
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Overview -- Epidemiology Awareness, Prevalence, and Control: Newest Findings on Hypertension in Blacks -- Therapeutic Lifestyle Changes to Decrease Unhealthy Eating Patterns and Improve Blood Pressure in African Americans -- Community Programs for Hypertension: A Means of Identification and Intervention in the Highest Risk Population -- Stroke and Hypertension in High Risk African Americans -- Manifestations of Left Ventricular Hypertrophy and Coronary Heart Disease: The Contribution of Hypertension and the Paradox in Blacks -- Heart Failure Morbidity, Mortality and its Relationship to Hypertension -- Hypertension and Atrial Fibrillation in African Americans -- Cardiorenal Metabolic Syndrome and Diabetes in African Americans: Adding to the Risk of Hypertension -- Central Aortic Pressure, Arterial Compliance: Emerging Tools to Identify and Guide Therapy for High Risk African American Patients -- Renal Denervation Therapy and Baroreceptor Activation Therapy: Emerging Tools for Treating Resistant Hypertension -- Practical Approaches to Promote Adherence and Improve Blood Pressure Control in Black Patients -- Integration of a Team Approach to Hypertension Treatment -- Practical Pearls in the Treatment of Hypertension in Blacks -- Hypertension in African Americans -- New Guideline Recommendations on Hypertension: Preventing CVD and Renal Disease with Applications to Blacks.

**Sommario/riassunto**

This volume discusses the many ways to prevent, identify and control hypertension in African Americans, a common and potent risk factor for virtually all forms of cardiovascular-renal diseases. Comprehensive chapters address modifiable risk factors, such as lifestyle changes, especially sodium restriction, and appropriate combination pharmacotherapy. Emerging devices and evidence-based approaches that may also enhance effective blood pressure control and decrease the disparate cardiovascular disease risks, including MI, stroke, HF, and cardiorenal metabolic syndrome and diabetes are also discussed in detail. Written by a wide-range of experts in the field, *Hypertension in High Risk African Americans: Current Concepts, Evidence-based Therapeutics and Future Considerations* is a valuable resource for clinicians, researchers, health administrators and public health policy leaders to better understand the best practices and unique aspects of risk assessment and treatment of hypertension and co-morbid conditions in African Americans.