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Nota di contenuto

Book Cover; Title; Contents; List of illustrations; Notes on contributors; The dialogical self in psychotherapy: introduction; General theory; The dialogical self: between exchange and power; Developmental origins of the dialogical self: some significant moments; Toward a neuropsychological model of internal dialogue: implications for theory and clinical practice; Encountering self-otherness: 'I-I' and 'I-Me' modes of self-relating; Theory and clinical practice; Self-multiplicity and narrative expression in psychotherapy

Encounters between internal voices generate emotion: an elaboration of the assimilation modelFrom discord to dialogue: internal voices and the reorganization of the self in process-experiential therapy; The dialogical construction of coalitions in a personal position repertoire; Standing in the spaces: the multiplicity of self and the psychoanalytic relationship; The psychodramatic 'social atom method' with children: a developing dialogical self in dialectic action; Reconstructing dialogical processes in severely affected patients

Performing the self: therapeutic enactment and the narrative integration of traumatic lossStrategies for the treatment of dialogical dysfunctions; Dialogical transformation in the psychotherapy of schizophrenia; A dialogical approach to patients with personality disorders; Methodological issues in the psychotherapeutic process; Hearing voices: methodological issues in measuring internal multiplicity; Dialogical sequence analysis; Index

Sommario/riassunto

How can a theory of the self be used to understand the psychotherapeutic process? The basic assumption of the 'dialogical self' is that there is no centralised 'headquarter' in the mind, but that the internal self is made up of a number of different 'characters'. Interpersonal relationships, from infancy onwards, become internalised - these internalised relationships then influence relationships during life. The Dialogical Self in Psychotherapy is divided into four clear and accessible sections, which explore: * theoretical and historical assumptions of the dia